



## Education and Training Services



[www.hivireland.ie](http://www.hivireland.ie)



## **Introduction to our Education and Training Services**

HIV Ireland's education and training services provide and deliver training programmes to organisations and professionals that work with key population groups living with, or at risk of, HIV, hepatitis, sexually transmitted infections (STIs) and poorer sexual health outcomes.

Organisations accessing our training and education programmes include youth organisations, drugs-related projects, community/voluntary organisations, LGBT organisations, housing/homeless projects, statutory organisations, education centres and colleges, and organisations working with migrant communities, asylum seekers and refugees.

To request more information or to request a training programme for your organisation email [susan.donlon@hivireland.ie](mailto:susan.donlon@hivireland.ie).

Individuals can also access some of our training programmes via our annual Calendar of Training which can be viewed at <http://www.hivireland.ie/what-we-do/training/>.

Training Programmes	Length of Training
<b>HIV</b>	<b>Half day</b> (approx. 3½ hours)
<b>HIV, Stigma, and Discrimination</b>	<b>Half day</b> (approx. 4 hours)
<b>HIV: an overview for Counsellors</b>	<b>Full day</b> (approx. 7 hours)
<b>HIV and STIs</b>	<b>Full day</b> (approx. 7 hours)
<b>HIV and Hepatitis</b>	<b>Full day</b> (approx. 7 hours)
<b>STIs, Condoms and Safer Sex</b>	<b>Half day</b> (approx. 3½ hours)
<b>Let's Talk About...Safer Sex – training for trainers programme</b>	<b>Three days</b> (approx. 7 hours per day)

## HIV Training

### Content:

- Overview of HIV.
- HIV statistics and trends.
- HIV transmission and prevention
- HIV testing and treatment.
- Condoms and Safer Sex.
- HIV services and resources.

### Length of Training:

Half-day (approx. 3½ hours)

Maximum of 15 staff/participants applies.



## HIV, Stigma, and Discrimination

### Content:

- Overview of HIV.
- Living with HIV:
  - Impact of an HIV diagnosis.
  - Impact of HIV-related stigma.
- HIV and the Law:
  - Discrimination
  - Transmission
  - Disclosure
- Research and HIV Ireland experiences.
- Challenging HIV-related stigma.
- Services and Resources.



### Length of Training:

Half day (approx. 4 hours)

Maximum of 15 staff/participants applies.

## HIV: an overview for Counsellors

### Content:

- Overview of HIV.
- HIV transmission and prevention
- HIV testing and treatment.
- Common Presenting Issues.
- Disclosure/Confidentiality.
- Practical Issues.
- Relationships and Sex.
- Emotional/Spiritual Issues
- Referring.
- Legal Issues.
- Case Studies.
- A Counselling Model.



### Length of Training:

One day (approx. 7 hours)

Maximum of 15 staff/participants applies.

## HIV and STIs

### Content:

- Overview of HIV.
- HIV statistics and trends.
- HIV transmission and prevention
- HIV testing and treatment.
- STIs: statistics.
- STIs: transmission and prevention.
- STIs: testing and treatment.
- Condoms and Safer Sex.
- HIV and STI services and resources.

### Length of Training:

One day (approx. 7 hours)



Maximum of 15 staff/participants applies.

## HIV and Hepatitis

### Content:

- Overview of HIV.
- HIV statistics.
- HIV transmission and prevention
- HIV testing and treatment.
- Condoms and Safer Sex.
- Hepatitis: transmission and prevention.
- Hepatitis: testing and treatment.
- Managing Hepatitis.
- Hepatitis and HIV co-infection.
- Universal Precautions.
- HIV and Hepatitis services and resources.



### Length of Training:

One day (approx. 7 hours)



Maximum of 15 staff/participants applies.

## STIs, Condoms and Safer Sex

### Content:

- Overview of Sexually Transmitted Infections (STIs).
- STI statistics.
- STIs: transmission and prevention
- STIs: testing and treatment.
- Condoms and Safer Sex Practices.
- STI services and resources.

### Length of Training:

Half-day (approx. 3½ hours)

Maximum of 15 staff/participants applies.



## Let's Talk About...Safer Sex Training for Trainers Programme

### **Content:**

<p><b>Day 1:</b></p> <ul style="list-style-type: none"> <li>• Getting Started.</li> <li>• Sexual Health.</li> <li>• HIV.</li> <li>• HIV and Stigma.</li> </ul>	<p><b>Day 2:</b></p> <ul style="list-style-type: none"> <li>• Hepatitis.</li> <li>• Sexually Transmitted Infections (STIs).</li> <li>• Condoms.</li> </ul>	<p><b>Day 3:</b></p> <ul style="list-style-type: none"> <li>• Negotiating Safer Sex.</li> <li>• Introduction to Developing a Sexual Health Policy.</li> <li>• Using the Manual.</li> <li>• Evaluation.</li> </ul>
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### **Length of Training:**

Three days (approx. 7 hours per day)

### **Training Manual:**

On completion of this training programme, participants receive a Training Manual to assist with the onward delivery of the training to the service user group(s) in their care.

Maximum of 15 staff/participants applies.



## Need more information?

Email: [susan.donlon@hivireland.ie](mailto:susan.donlon@hivireland.ie)

Annual Training Calendar:  
available to view at  
[www.hivireland.ie](http://www.hivireland.ie)

Request Training:  
email [susan.donlon@hivireland.ie](mailto:susan.donlon@hivireland.ie)

